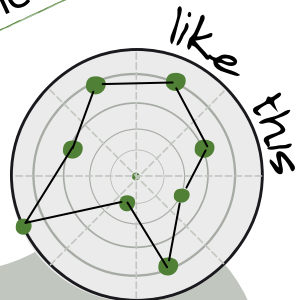


life satisfaction

part II



from 0-5, mark on the chart the level that you feel satisfied in each area, 5 being the most satisfied, then connect the points to see your graph



thought

prompts

was your rating of satisfaction in
line with your priorities?

did anything surprise you?

what would need to happen to raise
your satisfaction in areas that were low?

what of that is in your control?

from whom or where can you get
support when making changes?

what areas do you need to prioritize
when making changes? why?

